

THE ROTARY HYMN

I want to be a Rotarian for the world,
Make the Rotary flag as a flag of peace unfurled;
I shall serve my community,
Help achieve universal unity.
Through Rotary, I shall dedicate my all,
World understanding shall be my cherished goal.

Refrain: With the Four Way Test
I'll pursue my quest
And if I, in a way, help obtain
Peace in the world
I shall not have lived in vain.

I observe service above self,
Lend a hand to all who need my help;
I'll get my spouse to involve in Rotary
And in Rotary ways, I will train my family.

Refrain: With the Four Way Test
We'll pursue our quest
And if I, in a way, help obtain
Peace in the world
We shall not have lived in vain.

Build a bridge for tomorrow's youth,
Strengthened by nothing but the truth;
Let's join our hands, there's no reason we'll divide.
We shall all understand, while the good Lord is our guide.

Refrain: With the Four Way Test
We'll pursue our quest
And if I, in a way, help obtain
Peace in the world
We shall not have lived in vain.

Peace be achieved,
We shall not have lived in vain.



THE RCCP BULLETIN

District 3860 | Area 3H

Club ID #: 87179

Chartered Date: November 27, 2015

Rotary Year 2023-2024

Meets every Saturday at 3PM

TIBUD Sa Katibawasan Multi-Purpose Cooperative Office,
Polomolok, South Cotabato 9504

Contact #: 0916-608-0663

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR-WAY TEST

OF THE THINGS WE THINK, SAY OR DO

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

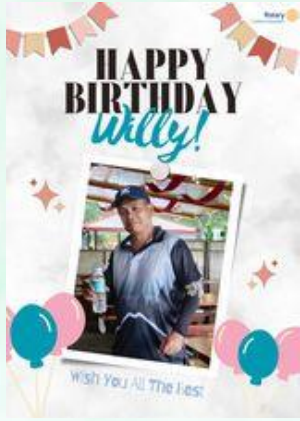
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JULY BIRTHDAY CELEBRANTS



July 8

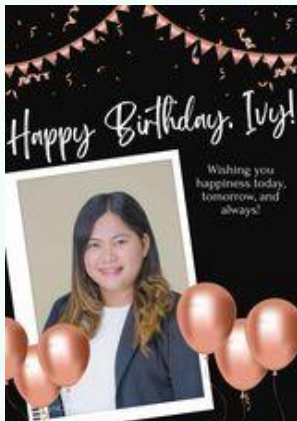


July 10



July 25

AUGUST BIRTHDAY CELEBRANTS



August 1



August 3



August 10



August 15

CLUB PAST PRESIDENTS



Nemia Jacobo-Grecia, PHF
RY 2015-2017



Asuncion M. Uayan, PHF
RY 2017-2018



Alberto N. Santos, PHF
RY 2018-2019



Judieta S. Sorolla, PHF
RY 2019-2020



Junbard N. Mahinay, PHF
RY 2020-2021



Ivy L. Bulosan, PHF +2
RY 2021-2022



Leila N. Bajunaid, PHF
RY 2022-2023

JULY ACTIVITIES

Month	Date	Club Activity/Title
July	1	New Year Celebration - District Activity
July	7	1st Club Meeting
July	8	RC Greater Gensan Induction
July	9	ACOM
July	14	RC Dadiangas Induction
July	15	RC Polomolok 101 Induction
July	16	Bloodletting - District Activity
July	16	Feeding Program
July	21	Operation Tuli in Partnership w/ TIBUD
July	22	2nd Club Meeting
July	23	RC General Santos Induction
July	28	Operation Tuli in Partnership w/ TIBUD
July	29	RC Metro Dadiangas Induction



AUGUST ACTIVITIES

Month	Date	Club Activity/Title
August	2	Service Project Meeting
August	4	RC Koronadal Central Induction
August	5	RC Marbel Induction
August	6	Brigada Eskwela/Caravan of Hope
August	7	District Zoom Training - District Website
August	9	Induction Planning
August	10	Induction Planning
August	11	3rd Club/Induction Planning/Practice
August	11	Membership Orientation
August	12	RC Metro Koronadal Induction
August	13	2nd ACOM
August	14	DepEd Brigada Eskwela Kick-off
August	14	MOA Signing on Mental Health Project
August	14	Induction Program Review/Practice
August	17	Gov's Visit
August	17	Induction Program Review/Final Practice
August	18	RC Gensan Tuna Port Induction
August	19	OUR INDUCTION
August	20	RC Midtown Induction
August	21	Flomlok Festival Parade
August	26	4th Club Meeting/Fellowship
August	27	Pinyahan FunRun
August	29	Handover of Medicines and Vitamins



RI PRESIDENTIAL MESSAGE

July 2023

Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to *Create Hope in the World*.

This year, we're prioritizing projects to support mental health. This effort is deeply personal to me. I know what it's like to see someone suffer in silence. I have also witnessed the power of personal connections, the value of discussing emotional and mental well-being, and the lifesaving impact of preventive care and treatment.

Research shows that performing acts of kindness is an effective step any of us can take to protect our well-being. And by building peace within, we become more capable of bringing peace to the world.

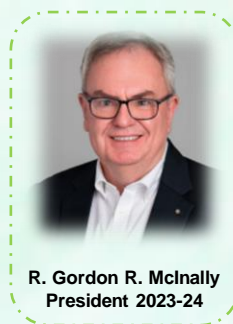
Building peace is the essence of Rotary. Many of our service projects foster the conditions for Positive Peace. We work tirelessly to overcome barriers and create new connections. This year, we'll promote virtual international exchanges for members to strengthen those vital connections. Peace isn't a dream, and it's not passive. It's the result of working hard, earning trust, and having open conversations that may be difficult. Peace must be waged persistently — and bravely. Everything we do across our areas of focus has the potential to foster the hope that can make peace possible.

The spirit of connection and purpose should inspire every Rotary member. When club leaders focus on offering an excellent club experience, we retain more members and attract more prospective members. We must make our clubs as welcoming and as engaging as we can. Our goal is to create a sense of belonging, from our club meetings to our service activities. We need to continue creating inclusive, welcoming environments where everyone can be their authentic selves. All people of action need to be able to imagine a place for themselves in Rotary — it's up to us to ensure they can do so.

Over the next year, I will be putting a focus on continuing our journey in diversity, equity, and inclusion — ensuring that Rotary reflects the communities we serve and continues to take significant steps toward accessing the full range of human talents and experiences, so that we can better serve humanity. And we will continue to empower women and girls by helping them unlock the potential already within them.

As we begin this journey together, I take inspiration from Scotland's national poet, Robert Burns, who in the 18th century spoke of all the world becoming kin, promoting "sense and worth, over all the earth." This has long been my call to action, and I share it now with you.

Let us build peace within and spread it freely. Let us create belonging and imagine the future of Rotary afresh. Let us work together joyously and *Create Hope in the World*.



R. Gordon R. McNally
President 2023-24

RI PRESIDENTIAL MESSAGE

August 2023

At the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one another feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.

We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.

These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.

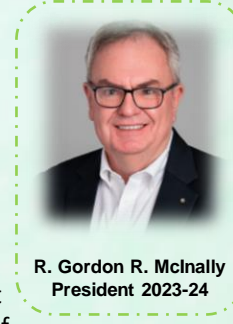
Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel more connected to others. Study co-author David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections." This research suggests what we've known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, let's not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years — and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let's work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will *Create Hope in the World*.



R. Gordon R. McNally
President 2023-24

Tibud SKMPC and Rotary Clubs Under Area 3H
Joining Forces to Bring Hope to Sta. Maria National
Highschool,
Municipality of Matalam, Cotabato Province



Sometime in May 2023, Tibud Sa Katibawasan Multi-Purpose Cooperative (Tibud SKMPC) based in Polomolok South Cotabato-one of the large cooperatives in Region 12 received a request from the former Regional Director of the Cooperative Development Authority (CDA)- Engr. Doreen C. Ancheta requesting the Cooperative to sponsor armchairs for Sta. Maria National Highschool located in Brgy. Sta Maria, Matalam, North Cotabato. She explained that the request was necessitated by the urgent need of the school for additional armchairs to replace those that were broken beyond repair and for use in the coming school year. Realizing the necessity and urgency of the assistance, Tibud SKMPC did not hesitate (even if the Cooperative has no idea where in the Municipality of Matalam Sta. Maria Highschool is located) and confirmed the Coop's support to the request by confirming donation of 60 armchairs (good for 1 classroom) which elated the former CDA Regional Director.

By mid-June 2023, the first fabricated 20 armchairs were brought to the school and the remaining 40 units were delivered on the first week of July. At that time Tibud SKMPC had already planned to undertake formal turn-over ceremonies of the armchairs to the school by August 2023-in time with the nationwide Brigada Eskwela. The General Manager of Tibud SKMPC who's also a past president of Rotary Club of Central Polomolok (RCCP) invited the club for a possible collaboration which the leadership of RCCP gladly and positively responded. Unknown to Tibud SKMPC, the information to do outreach in the Municipality of Matalam has spread to other 3H clubs via its chat group and surprisingly, all area-members (Rotary Club of Central Polomolok, Rotary Club of Koronadal, Rotary Club of Koronadal Central, Rotary Club of Marbel (Koronadal), Rotary Club of Metro Koronadal) agreed with no hesitation and immediately committed to collaborate and support the activity by providing various items for the students and the school. The Rotary Club of Koronadal and Rotary Club of Metro Koronadal contributed by requesting their medical doctor-members and volunteers to join in the medical mission.

Finally on August 06, 2023-Sunday, the planned Tibud SKMPC-Area 3H out-reach activity ensued which surprisingly joined by no less than the District Governor Rozanne "Twinkle" C. Camboa herself to the delight of everyone. At 6:00 in the morning, the group rendezvoused at Shell gas station in Koronadal City and soon after all the vehicles rolled towards the direction of Matalam municipality, some 120 kms. away.

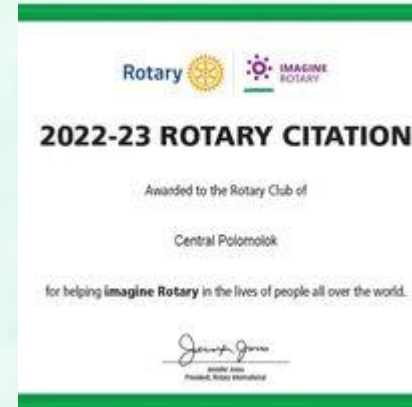
At about 9:00 in the morning, the convoy arrived at Sta. Maria National Highschool. The teachers were surprised on the number of vehicles present and hugely amazed by the volume of assistance that the group brought to the school and, the community. Experiencing it for the first time was overwhelming and heartwarming as they were not expecting such number of committed and generous people participating (despite the distance) and bringing various assistance.

The activity lasted until 2:30 in the afternoon and was highlighted by the turn-over and painting of 60 armchairs, free medical check-ups with medicines benefiting 117 patients, giving of 288 pairs of slippers to children, more than 300 children fed, giving of school supplies to 227 students. In all of these, the most that captivated the hearts of everyone was the donation of wheelchair to Abegail Gumpad-a grade 9 student with no lower extremities since birth. She had to endure going to school daily for years, struggling to walk with no devise to help her, until the donation of wheelchair came about that brightened her face. The wheelchair was donated courtesy of the Rotary Club of Mt. Apo of District 3870-a true gesture of brotherhood and collaboration within rotary community.

Just when everybody thought that all activities were done, District Governor Rozanne "Twinkle" C. Camboa surprised everyone when she announced a cash donation of Twenty Thousand Pesos (Php20,000.00) which elated everybody and cause a loud applause from the crowd. The teachers visibly held their emotions and almost cried in disbelief and gratitude of the additional blessings their school had instantly received. They promised to use the fund for the benefit of the school and their students. A total of Php153,860.00 in form of various school items and cash assistance were donated to the school.

Though visibly exhausted, everyone exudes happiness as the entire activity was a huge success which highlighted how leveraging of resources and collaboration of dedicated and passionate people can positively impact a community, bringing back hope and smiles to people who almost lost it.

The activity will not be possible and successful without the support of ever-loyal members of participating Rotary Clubs and patrons. Special mention and sincere thanks to Dole Philippines, Inc. for the refreshing pineapple juice drinks, Tibud SKMPC for donating 60 armchairs, CSC Hardware and Powerhouse Paint Center for the painting materials, RCCP's ever-supportive Rotarian Yohei Kajikawa for the school supplies all the way from Japan. Special thanks also to the University of Southern Mindanao volunteer-medical students, Notre Dame of Marbel University nursing student-volunteers, MBE Pharma and Farmacia Edelyn for the medicines.



Congratulations to the member's efforts and support to our service projects led by Club President Leila N. Bajunaid and advised by District Governor Lilo Alino for RY 2022-2023.

Club service projects and passion projects, Rotary International and District goals were presented during Club Visit last August 17, 2023.



Celebrating our 9th Induction and 8th Handover Ceremonies last August 19, 2023 at ESMA Restaurant, Cannery Site, Polomolok.

Particulars	Amount, Php	Status
District Levy (P500 x 27)	13,500	Paid August 16, 2023
Disaster Fund (P100 x 27)	2,700	Paid August 16, 2023
PRM	8,850	Paid August 14, 2023
RI Conference 2028 (P500 x 27)	13,500	
Club Listing (P4000/club)	4,000	Paid August 16, 2023
COL & SAR (July 2023)	57,173	Paid September 15, 2023
Total	99,723	

CLUB HISTORY

The Rotary Club of Central Polomolok was created through the altruistic efforts of the young men and women of Polomolok with strong passion and dedication for service. In September 2015, the core group closely examined the Rotary Guidelines, including the Constitutions and By-Laws of the Rotary International (RI) in preparation for the creation of the new rotary club. All perspectives were carefully evaluated. The group engaged in discussions with Rotarians from different clubs who have advanced knowledge and expertise in the world of rotary. Series of consultations were made with rotary personalities of RI District 3860, particularly Zone 3G.

Governor Salvador G. Estudillo of the RI District 3860, together with Zone 3G's Assistant Governor Eddie M. Hocson and the host club, Rotary Club of Koronadal played a significant roles on the preparatory phase of the chartering.

On November 24, 2015, through the assistance of Gov. Estudillo and AG Hocson, the group was able to submit to Rotary International its complete documentary requirements for registration. After three days from submission, Rotary International approved the application for registration of the Club. On November 27, 2015, the Charter Certificate was signed by RI President K.R. Ravindran for RY 2015-2016. On December 12, 2015, the club had its Charter Presentation graced by District Governor himself.

The Club meets every Friday at 6:30 in the evening in Taps and Mix, 2nd Floor, New Public Market Building, Polomolok, South Cotabato.

Currently, the Club has 27 Active Members and 2 Honorary Member.

CLUB OFFICERS

Donalet R. Lariosa
Club President

Herne Rose M. Chan
Secretary

Flordelisa C. Estabillo
President-Elect

Erljohn V. Dulla
Treasurer

Wilfredo G. Uayan
Vice-President

Grace Christie G. Sensano
Auditor

Leila N. Bajunaid
Immediate Past President

Abdul Rahman N. Bajunaid
Sergeant At Arms

CLUB DIRECTORS

Flordelisa C. Estabillo
Club Administration

Ibrahim C. Maguigulid
Vocational

Rodilyn G. Dapanas
Membership

Judieta S. Sorolla
Fund Raising

Hannah Alison M. Cosep
Public Relation

Lilibeth I. Machan
Youth Service

Yohei Kajikawa
Community

Leila N. Bajunaid
International

Junbard N. Mahinay
TRF

ROOSTER OF MEMBERS

Name	Classification
Aranco, Ronie T.	Print and Advertising
Bajunaid, Leila N. (PHF)	Retail Management
Bajunaid, Abdul Rahman N. (PHF)	Medical Distribution
Bulosan, Ivy L. (PHF)	Accounting
Calfoforo, Meljureto M. (PHF)	Beauty Consultant
Chan, Herne Rose M.	Pharmacy: Commerce and Hospital
Cosep, Hannah Alison M.	Packaging and Production
Dapanas, Rodilyn G.	Engineering Services
Dulla, Erljohn V.	Human Resource
Estabillo, Flordelisa C. (PHF)	Restaurant Management
Genita, Elmer P.	Warehouse and Inventory Optn
Kajikawa, Yohei (PHF)	Information and Technology
Lariosa, Donalet R.	Packaging and Production
Machan, Lilibeth I.	Construction
Maguigulid, Ibrahim C.	Community Relation
Mahinay, Junbard N. (PHF)	Cooperative Management
Mariano, Kenny E. (PHF)	Farm Management
Pabillo, Analyn F	Accounting
Panes, Shirley S.	Law: General
Salada, Maria Teresa B. (PHF)	Trading
Santos, Alberto N. (PHF)	Retail Management
Sensano, Grace Christie G.	Farm Management
Sorolla, Alex P. (PHF)	Farm Management
Sorolla, Judieta S. (PHF)	Clothing And Apparel Management
Uayan, Asuncion M. (PHF)	Law: General
Uayan, Wilfredo G.	Farm Management
Zabala, Mark Louie L.	Law: General



Dole Philippines Inc - Stanfilco Div

Agricultural/Plantation/Poultry/Fisheries

Rtn. Yohei Kajikawa



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